

Internet Safety with ES Students



American School of Warsaw

October 29, 2013

Tips for keeping your child safe online

1. Tell your kids:

- ✓ Never share names, schools, ages, phone numbers, or addresses.
- ✓ Never send pictures to strangers.
- ✓ Keep passwords private (except to parents).
- ✓ Don't open any mail from strangers or respond to chat requests from strangers.
- ✓ If something happens that is mean or makes you feel uncomfortable, immediately get a grown-up.
- ✓ Anything you post can be copied, changed or sent around.

2. Visit only age-appropriate sites. Check out the site before your kids visit and visit with them. Know what features exist – chat functions, game play, virtual worlds. Participate when your kids are signing up for online sites. Brainstorm screen names and passwords with your children.

3. Search safely. Use safe search settings for young kids or filtering software to limit inappropriate exposure.

4. Online identity. Tell your kids to think about who they will be online. Their online identity should reflect their real identity.

5. Share your family values. Talk about cheating and online behavior reflecting real behavior. A good rule of thumb: If they wouldn't do something in real life, they shouldn't do it online.

6. Make kids accountable. Have them earn privileges and create consequences, if necessary. Teach them to ask first and talk through any concerns or questions they may have.

7. Pay Attention! Know what your kids are doing online. Keep the computer in a central place where you can see what's going on. Be involved in the

process. Encourage your child to talk to you about what they are doing online.

8. Encourage balance. Establish limits on the amount of time they spend online. Discuss your expectations for when they are online and not at home. Use a family media agreement. (Free at commonsensemedia.org)

9. View your own habits carefully. Model good behavior by sharing good online habits and leading the same balanced life you would like your kids to lead.

10. Establish good habits early. Set clear rules for online behavior right away. But mostly, be involved, have fun and enjoy their world!

Adapted from commonsensemedia.org

Resources

Common Sense Media

This site provides reviews for movies, apps, web sites, and TV shows as well as information for educators and families to help children thrive in a world of media and technology.

<http://www.commonsensemedia.org/>

NetSmartz

This site provides age-appropriate resources to help teach children how to be safer on- and offline. The program is designed for children ages 5-17, parents and guardians, educators, and law enforcement. With resources such as videos, games, activity cards, and presentations, NetSmartz entertains while it educates.

<http://www.netsmartz.org/Parents>

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Kid-friendly Search Engines

ASW WebPath Express

<http://library.asw.waw.pl/cataloging/servlet/presentwpesearchform.do?12m=WebPath%20Express>

ASW Library Databases

<http://w3.asw.waw.pl/library/>

Ask Jeeves for Kids

http://www.squirrelnet.com/search/ajk/ask_kids.asp

Google Safe Search

http://www.squirrelnet.com/search/Google_SafeSearch.asp

Kids Click

<http://www.kidsclick.org/>

Image Searching

Image Quest

<http://quest.eb.com/>