

Family Media Agreement

What is a Family Media Agreement?

A family media agreement is a “contract” created by family members to establish guidelines around media safety, time management, and internet use.

Why should we have a Family Media Agreement?

Creating a family media agreement begins a conversation about safety and time management. It allows you to set up guidelines around usage and agree upon consequences.

Questions:

1. What should our rules be for device/media use this summer?
 2. What can we do together that involves the use of devices?
 3. What can we do together that does not involve the use of devices?
 4. What should we do when we are in someone else’s home whose rules are different?
 5. How many hours a day can we be using devices? What times?
 6. Are there different ways to interact with media? What is the difference between consuming and creating?
 7. What social media sites are we allowed to use? Are there any sites that we are not allowed to use?
 8. Where will we store and charge our devices?
 9. What types of parental controls will we use?
 10. What are some ways that we can stay safe, responsible and respectful with our devices and social media?
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Family Media Agreement

Kids - I/We will:

- keep my personal information safe and won't share my full name, address, phone number, location or any other personal information
- share my passwords with my parents only
- set up any social media accounts with the permission and help of my parents
- tell my parents immediately if something happens that makes me uncomfortable
- share photos only with permission from my parents
- return the equipment to the designated charging station when not in use
- not say or do anything when online that would be unkind, hurt or embarrass someone
- follow the time limits that my family has agreed upon
- take care of all devices by handling them properly and keeping food and drink at a safe distance
- download only with parent permission
- follow our home rules wherever I am
- follow age recommendations for shows, games, and social media
- _____
- _____

Parents - I/We will:

- let my kids share what they are doing online and participate with them when possible
- become familiar with the web sites my kids are using
- set rules around the sharing of devices, as necessary
- discuss parental controls with my children and enable them as appropriate
- _____
- _____

Family - We will:

- put away our devices during family time
- participate in technology activities together
- participate in technology-free activities together
- _____
- _____

Where Devices May Be Used

Devices should not be used in any private areas or where an adult is not present. Devices may only be used in the following common areas around the house.

Timing

_____ is permitted _____ hour/ _____ minutes of free use time on digital devices.

Devices **may NOT** be used during the hours of _____ to _____.

OR

Devices **may ONLY** be used during the hours of _____ to _____.

Charging Devices

The following area will be designated as the "Charging Station".

Consequences:

Signatures

Student: _____ Date: _____

Parent: _____ Date: _____